

Week of November 1st-6th

Monday

JV Practice

Matroom – 7:00-8:30 am
S&C – 3:00-4:25 pm
Tutorials – 4:25-5:00 pm

Varsity Practice

S&C – 7:00-8:30am
Study Hall – 8:30-9:00 am
Matroom - 3:00-4:45 pm

Tuesday

JV Practice

Matroom – 7:00-8:30 am
S&C – 3:00-4:25 pm
Tutorials – 4:25-5:00 pm

Varsity Practice

S&C – 7:00-8:30am
Study Hall – 8:30-9:00 am
Matroom - 3:00-4:45 pm

Wednesday

JV Practice

Matroom – 7:00-8:30 am
S&C – 3:00-4:25 pm
Tutorials – 4:25-5:00 pm

Varsity Practice

S&C – 7:00-8:30am
Study Hall – 8:30-9:00 am
Matroom - 3:00-4:45 pm

Thursday

**** Red-Black Scrimmage Draft – Team rosters will be sent out Thursday evening ****

JV Practice

Matroom – 7:00-8:30 am
S&C – 3:00-4:25 pm
Tutorials – 4:25-5:00 pm

Varsity Practice

S&C – 7:00-8:30am
Study Hall – 8:30-9:00 am
Matroom - 3:00-4:45 pm

Friday

**** Open Mat – 4:25-4:45 ****

Red Team

Mat Room – 7:00-8:30
S&C – 3:00-4:25

Black Team

S&C – 7:00-8:30
Mat Room – 3:00-4:25

Saturday

Parent Informational / Red-Black Scrimmage

Wrestlers Arrive / Gym Setup – 8:15
Parent Meeting – 10:30 – 11:15 am
Wrestle – 12:00 pm (main gym)
Team Dinner after dual has concluded (1:30-3 pm)

On the Horizon

Nov. 11th – First Home Dual vs. Birdville at Home

Nov. 20th - Quad Duals at Justin Northwest HS.

Thanksgiving Week – Practice M, T, W – 9:00 am-Noon – If athlete is in town, they are expected at practice!